

**LEVEL I
VTM FOUNDATIONS**

Content:

Intro to Sound Healing
Physical Warmups
Breath Work I
Voice Care
Vowels & Syllables
Experimental Palette Part I
Toning Methods
VTM Fundamentals
Sanskrit Seed Syllables
Tibetan
Chi Gong
Call & Response
Feeling & Listening
1 Private Session*

Course Requirements:

journaling
cover all content
1 private session with me
attend a toning group
course evaluation
final examination

Required Reading:

Healing Sounds
The Healing Voice (Joy's)
Sacred Sounds

Prerequisite:

NONE

Tuition: \$299 + S&H

**LEVEL II
VTM FOUNDATIONS**

Content:

Toning the Bodies
Traditional/
Personal
Energy Body
Emotional Body
Chakras & Colors
Traditional
Dissolving
Breathwork II
Experimental Palette Part II
Mudras, Mantras & Chants
Free Form Toning
2 Private Sessions*

Course Requirements:

journaling
cover all content
5 one on ones w/ friends
2 private sessions with me
course eval and final exam

**Private sessions are required and may require additional cost if content delivery goes over maximum hours. 1 free hour is already included in all programs.*

Required Reading:

Toning
Being in Vibration
The Healing Voice (Paul's)

Prerequisite:

Level I

Tuition: \$650

(up to 12 hours)

**LEVEL II-A
VTM FACILITATOR**

Content:

Ethics
Creating Safe Space
Intuition
Five Levels of Healing
Leading Groups
Lesson Planning &
Presenting
Marketing

Course Requirements:

marketing plan
lesson plan
presentation
video or live observation
give me a session
give either 1 free public
talk at 2 different venues or
hold 1 1-hour ongoing
group 4x

Required Reading:

12 Months to a Perfect
Practice

Content, requirements, and tuition at each level are subject to change. Allowances will be made for those already engaged with the program.

Prerequisites:

Level I and II

Tuition: \$650

(10 hours)

**LEVEL III BEG.
SHAMANIC VOICEWORK**

Content:

Recapitulation
Intent/Impeccability
Eternal Fade
The Mitote
Incongruence
Glossolalia
The Dimensional Model &
Multidimensional Music^
Sound Healing Tools
Independent Study
3 Private Sessions*

Course Requirements:

journaling
cover all content
independent study
presentation
3 private sessions with me
10 one on ones w/ clients
3 recordings submitted
give me a Session
Visionary Music Webinar^
DNA Level 1 Activation

Required Reading:

Four Agreements
Music As Yoga
(One Choice)

Prerequisite:

Level I and II

Tuition: \$650

(up to 12 hours)

**LEVEL IV ADV.
SHAMANIC VOICEWORK**

Content:

Creating Sacred Space
The Elements & Voice
Voice Analysis
Dimensional Performance
Mysticism of Sound, Silence
& Breath
Transmissions
Giving
Receiving
Special Consecration

Course Requirements:

journaling
essay
10 additional on on ones
3 additional recordings
2 voice analyses

Required Reading:

Healing w/ Form, Energy, &
Light
The Music of Life
Music & Sound in the
Healing Arts

Prerequisite:

Level I, II, II-A, III

Tuition: \$650

(up to 12 hours)